

# Moon Journal



These pages are designed to help you to easily chart your manifestations, goals, accomplishments and reflections throughout the year, guided by the phases of the moon. The pages are undated so that you can begin at any time, and you can print out as many as you need.

Simply take a few moments each week, as you notice the moon moving into its next phase, to make a few notes in the spaces provided. If you'd like to be more precise, you can write in the exact times and dates for the full and new moons in your part of the world.

During the New Moon, think about what you might like to manifest during the coming month.

As the moon moves into its Waxing phase, think about growth. What goals might you set and what actions might you take in order to achieve your aims?

During the Full Moon, consider your accomplishments and make any decisions that you've been putting off!

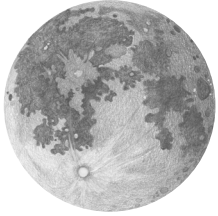
Once the moon enters its Waning phase, it's time to withdraw. Take the time to reflect on your month, and rest before you start to make new plans.



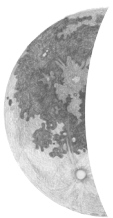
*New Moon Manifestations*



*Waxing Moon Goals & Actions*



*Full Moon Accomplishments*



*Waning Moon Reflections*



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